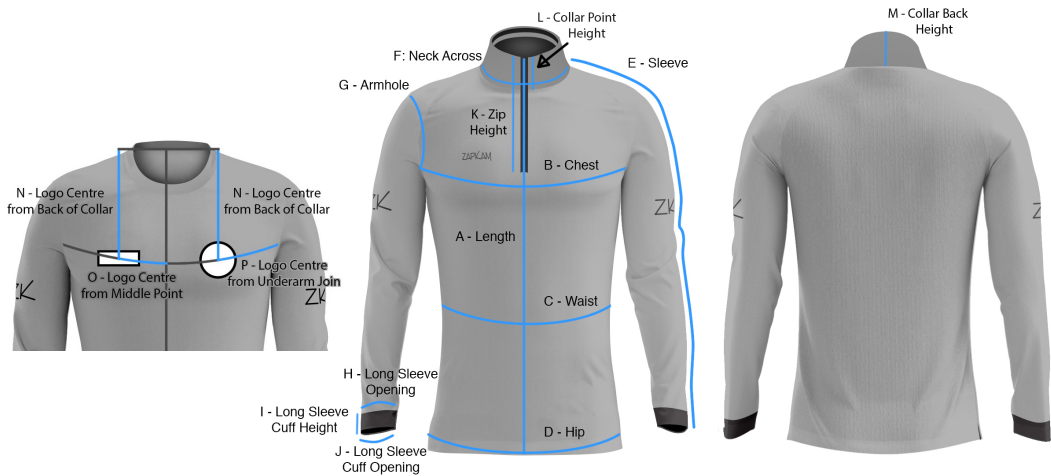


QUARTER ZIP TRAINING TOP SIZE GUIDE

S.19.007.V3 - Created 16th April 2019

Warning: The measurements shown refer to a garment not to a person



^Logo Centre from Back of Collar:

The logo positioning should be measured from the back centre of the shirt to the centre of the logo.

Some designs require the logo positioning to be adjusted to fit within the design, e.g. for hooped shirt (Style 7) the logo must sit in the middle of the hoop.

On all shirts with collars and plackets, the standard requirement is that the middle of the logo should be in line with the bottom of the placket.

In case of confusion, query this with head office.

Size	A: Length (from back centre)	B: Chest Across	C: Waist Across	D: Hip Across	E: Sleeve Length (with cuff, from neck point)	F: Neck Across (from seam to seam)	G: Armhole (straight)	H: Long Sleeve Opening	I: Long Sleeve Cuff Height	J: Long Sleeve Cuff Opening	K: Quarter Zip Height	L: Collar Point Height	M: Collar Back Height	N: Logo Centre from Back of Collar^	O: Logo Centre from Middle Point	P: Logo Centre from Underarm Join
4X Small Youth	48.0cm	35.0cm	33.0cm	33.0cm	48.0cm	16.0cm	18.0cm	8.0cm	5.0cm	7.5cm	20.0cm	7.0cm	7.0cm	13.0cm	7.5cm	10.0cm
3X Small Youth	52.0cm	38.0cm	36.0cm	36.0cm	52.0cm	16.0cm	19.0cm	8.0cm	5.0cm	8.0cm	20.0cm	7.0cm	7.0cm	13.0cm	7.5cm	11.5cm
2X Small Youth	56.0cm	41.0cm	39.0cm	39.0cm	56.0cm	17.0cm	20.0cm	8.5cm	5.0cm	8.0cm	20.0cm	7.0cm	7.0cm	13.0cm	7.5cm	13.0cm
Extra Small Youth	60.0cm	44.0cm	42.0cm	42.0cm	60.0cm	17.0cm	21.0cm	8.5cm	5.0cm	8.0cm	20.0cm	7.0cm	7.0cm	16.0cm	9.0cm	13.0cm
Small Youth	64.0cm	46.0cm	44.0cm	44.0cm	62.0cm	18.0cm	22.0cm	9.0cm	6.0cm	9.0cm	20.0cm	7.0cm	7.0cm	16.0cm	9.0cm	14.0cm
Medium Youth	66.0cm	48.0cm	46.0cm	46.0cm	65.0cm	18.0cm	23.0cm	9.5cm	6.0cm	9.0cm	20.0cm	7.0cm	7.0cm	16.0cm	9.0cm	15.0cm
Large Youth	68.0cm	51.0cm	49.0cm	49.0cm	68.0cm	19.0cm	24.0cm	10.0cm	6.0cm	9.5cm	20.0cm	7.0cm	7.0cm	18.0cm	11.0cm	14.5cm
Extra Large Youth	71.0cm	53.0cm	51.0cm	51.0cm	71.0cm	19.0cm	25.0cm	10.5cm	7.0cm	10.0cm	20.0cm	7.0cm	7.0cm	18.0cm	11.0cm	15.5cm
Small Adult	74.0cm	55.0cm	53.0cm	53.0cm	75.0cm	20.0cm	27.0cm	11.0cm	7.0cm	10.0cm	25.0cm	7.0cm	7.0cm	18.0cm	11.0cm	16.5cm
Medium Adult	76.0cm	57.0cm	55.0cm	55.0cm	77.0cm	20.0cm	28.0cm	12.0cm	7.0cm	10.5cm	25.0cm	7.0cm	7.0cm	18.0cm	11.0cm	17.5cm
Large Adult	78.0cm	60.0cm	58.0cm	58.0cm	79.0cm	20.0cm	29.0cm	13.0cm	7.0cm	11.0cm	25.0cm	7.0cm	7.0cm	18.0cm	11.0cm	19.0cm
Extra Large Adult	80.0cm	63.0cm	61.0cm	61.0cm	81.0cm	21.0cm	30.0cm	13.5cm	7.0cm	11.5cm	25.0cm	7.0cm	7.0cm	20.0cm	13.0cm	18.5cm
2X Large Adult	82.0cm	66.0cm	64.0cm	64.0cm	83.0cm	21.0cm	31.0cm	14.0cm	7.0cm	12.0cm	25.0cm	7.0cm	7.0cm	20.0cm	13.0cm	20.0cm
3X Large Adult	84.0cm	69.0cm	67.0cm	67.0cm	85.0cm	22.0cm	32.0cm	14.0cm	7.0cm	12.0cm	25.0cm	7.0cm	7.0cm	20.0cm	13.0cm	21.5cm
4X Large Adult	86.0cm	72.0cm	70.0cm	70.0cm	87.0cm	22.0cm	33.0cm	14.5cm	7.0cm	13.0cm	25.0cm	7.0cm	7.0cm	20.0cm	13.0cm	23.0cm
Ladies' 6	61.0cm	46.0cm	42.0cm	46.0cm	62.0cm	17.0cm	22.0cm	9.5cm	6.0cm	9.0cm	20.0cm	7.0cm	7.0cm	15.0cm	10.0cm	13.0cm
Ladies' 8	62.0cm	48.0cm	44.0cm	48.0cm	65.0cm	17.0cm	23.0cm	10.0cm	6.0cm	9.0cm	20.0cm	7.0cm	7.0cm	15.0cm	10.0cm	14.0cm
Ladies' 10	63.0cm	51.0cm	47.0cm	51.0cm	68.0cm	18.0cm	24.0cm	10.5cm	6.0cm	10.0cm	20.0cm	7.0cm	7.0cm	15.0cm	10.0cm	15.5cm
Ladies' 12	64.0cm	53.0cm	49.0cm	53.0cm	69.0cm	18.0cm	25.0cm	11.0cm	7.0cm	10.0cm	20.0cm	7.0cm	7.0cm	15.0cm	10.0cm	16.5cm
Ladies' 14	65.0cm	55.0cm	51.0cm	55.0cm	70.0cm	19.0cm	27.0cm	12.0cm	7.0cm	11.0cm	25.0cm	7.0cm	7.0cm	18.0cm	12.0cm	15.5cm
Ladies' 16	66.0cm	57.0cm	53.0cm	57.0cm	71.0cm	19.0cm	28.0cm	12.5cm	7.0cm	11.5cm	25.0cm	7.0cm	7.0cm	18.0cm	12.0cm	16.5cm
Ladies' 18	67.0cm	60.0cm	56.0cm	60.0cm	72.0cm	21.0cm	29.0cm	13.0cm	7.0cm	12.0cm	25.0cm	7.0cm	7.0cm	18.0cm	12.0cm	18.0cm
Ladies' 20	68.0cm	63.0cm	59.0cm	63.0cm	73.0cm	21.0cm	30.0cm	13.0cm	7.0cm	12.0cm	25.0cm	7.0cm	7.0cm	18.0cm	12.0cm	19.5cm
Ladies' 22	69.0cm	66.0cm	62.0cm	66.0cm	74.0cm	22.0cm	31.0cm	13.5cm	7.0cm	13.0cm	25.0cm	7.0cm	7.0cm	18.0cm	12.0cm	21.0cm
Slim-Fit Extra Small Youth	58.0cm	42.0cm	38.0cm	38.0cm	62.0cm	16.0cm	17.0cm	8.0cm	6.0cm	7.0cm	20.0cm	7.0cm	7.0cm	17.0cm	9.0cm	12.0cm
Slim-Fit Small Youth	60.0cm	44.0cm	38.0cm	38.0cm	64.0cm	17.0cm	18.0cm	8.0cm	6.0cm	7.0cm	20.0cm	7.0cm	7.0cm	17.0cm	9.0cm	13.0cm
Slim-Fit Medium Youth	62.0cm	46.0cm	40.0cm	40.0cm	66.0cm	17.0cm	19.0cm	9.0cm	6.0cm	8.0cm	20.0cm	7.0cm	7.0cm	17.0cm	9.0cm	14.0cm
Slim-Fit Large Youth	64.0cm	48.0cm	42.0cm	42.0cm	68.0cm	18.0cm	20.0cm	9.0cm	6.0cm	8.0cm	20.0cm	7.0cm	7.0cm	17.0cm	9.0cm	15.0cm
Slim-Fit Extra Large Youth	66.0cm	50.0cm	44.0cm	44.0cm	70.0cm	18.0cm	21.0cm	10.0cm	7.0cm	9.0cm	20.0cm	7.0cm	7.0cm	17.0cm	9.0cm	16.0cm
Slim-Fit Small Adult	68.0cm	52.0cm	46.0cm	46.0cm	72.0cm	19.0cm	22.0cm	10.0cm	7.0cm	9.0cm	25.0cm	7.0cm	7.0cm	17.0cm	11.5cm	14.5cm
Slim-Fit Medium Adult	70.0cm	54.0cm	48.0cm	48.0cm	74.0cm	19.0cm	23.0cm	11.0cm	7.0cm	10.0cm	25.0cm	7.0cm	7.0cm	20.0cm	11.5cm	15.5cm
Slim-Fit Large Adult	72.0cm	56.0cm	50.0cm	50.0cm	76.0cm	19.0cm	24.0cm	12.0cm	7.0cm	11.0cm	25.0cm	7.0cm	7.0cm	20.0cm	11.5cm	16.5cm
Slim-Fit Extra Large Adult	74.0cm	58.0cm	52.0cm	52.0cm	78.0cm	19.0cm	25.0cm	13.0cm	7.0cm	12.0cm	25.0cm	7.0cm	7.0cm	20.0cm	11.5cm	17.5cm
Slim-Fit 2X Large Adult	76.0cm	60.0cm	54.0cm	54.0cm	80.0cm	20.0cm	26.0cm	14.0cm	7.0cm	13.0cm	25.0cm	7.0cm	7.0cm	20.0cm	11.5cm	18.5cm
Slim-Fit 3X Large Adult	78.0cm	62.0cm	56.0cm	56.0cm	82.0cm	20.0cm	27.0cm	15.0cm	7.0cm	14.0cm	25.0cm	7.0cm	7.0cm	20.0cm	11.5cm	19.5cm